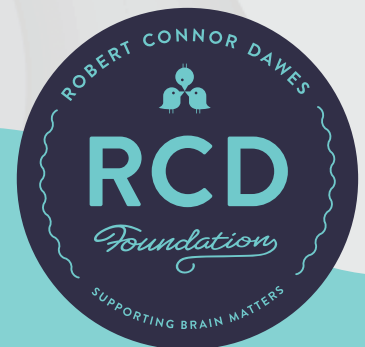


GO GRAY IN MAY

A ROBERT CONNOR DAWES FOUNDATION INITIATIVE

ONE MONTH TO MAKE BRAINS MATTER

Go Gray in May is a time for the young and young at heart to participate in fun, awareness-raising activities that raise much needed funds for paediatric brain cancer: the #1 disease killer of young people.



For more information or to register, visit give.rcdfoundation.org/event/gograyusa or please get in touch: cheri@rcdfoundation.org

Rcdfoundation.org

GO GRAY YOUR WAY!

Going Gray is about celebrating the brains that make us who we are, all while helping to change the odds for kids facing brain cancer. Big or small, there are so many ways for you to get your Gray on:



EAT

Nourish your brain by hosting a team breakfast, a lunchtime BBQ or afternoon tea. You could challenge your friends to a bake-off, or host a pot-luck dinner party.



PLAY

Use your gray matter for good with a brainy challenge! Keep your mind active with a Rubik's cube challenge, a lunchtime board game tournament or trivia night.



MOVE

Give your endorphins a boost with an activity that makes your brain happy! Host a yoga class, a sports game, or your own comedy festival: laughter is the best medicine after all.



HOST

Have Liz Dawes or one of our awesome RCD Foundation ambassadors* 'Zoom in' to an event or meeting

* subject to availability

GET STARTED



1- REGISTER

Sign up as a school, workplace or individual: give.rcdfoundation.org/vent/gograyusa

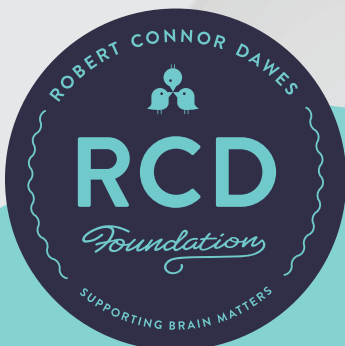
Decide on a date, time and place, and we'll help you get the ball rolling.

2- BRAINSTORM

There are so many ways to Go Gray. Start simple with a gray casual clothes day (who doesn't love spending all day in their comfy clothes?) and step it up with an activity that brings people together for a great cause.

3- MAKE AN IMPACT

Whether you'd like to fundraise through donations, selling merchandise, an auction or raffle, every little bit counts and will have a huge impact. And most importantly - help save lives.



GO GRAY
IN MAY

