

# GO GREY IN MAY

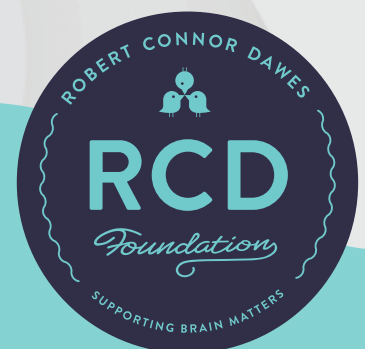


A ROBERT CONNOR DAWES FOUNDATION INITIATIVE

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## ONE MONTH TO MAKE BRAINS MATTER

Go Grey in May is a time for the young and young at heart to participate in fun, awareness-raising activities that raise much needed funds for paediatric brain cancer: the #1 disease killer of young Australians.



For more information or to register, visit [gogreyinmay.org](http://gogreyinmay.org)  
If you have any questions or ideas you'd like to brainstorm,  
please get in touch: [karen@rcdfoundation.org](mailto:karen@rcdfoundation.org)

*Rcdfoundation.org*

# GO GREY YOUR WAY!

Going Grey is about celebrating the brains that make us who we are, all while helping to change the odds for kids facing brain cancer. Big or small, there are so many ways for you to get your Grey on:



## EAT

Nourish your noggin by hosting a brainy breaky, a lunchtime BBQ or afternoon tea. You could challenge your mates to a bake-off, or host a pot-luck dinner party.



## PLAY

Use your grey matter for good with a brainy challenge! Get those noggins ticking with a Rubik's cube challenge, a lunch-time board game tournament or trivia night.



## MOVE

Give your endorphins a boost with an activity that makes your brain happy! Host a yoga session, a sports game, or your own comedy festival: laughter is the best medicine after all.



## HOST

Have Liz Dawes or one of our awesome RCD Foundation ambassadors\* 'Zoom in' to your assembly or leadership body meeting

\* subject to availability

## GET STARTED



### 1- REGISTER

Sign up as a school, workplace or individual at [gogreyinmay.org](http://gogreyinmay.org)

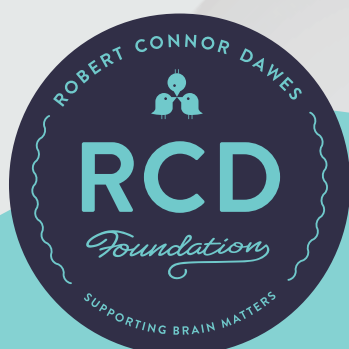
Decide on a date, time and place, and we'll help you get the ball rolling.

### 2- BRAINSTORM

There are so many ways to Go Grey. Start simple with a grey casual clothes day (who doesn't love spending all day in their comfy greys?) and step it up with an activity that brings people together for a great cause.

### 3- MAKE AN IMPACT

Whether you'd like to fundraise through donations, selling merchandise, an auction or raffle, every little bit counts and will have a huge impact. And most importantly – help save lives.



GO GREY  
IN MAY